

Elite Fitness Studio Mask and Safety Policy Update

Effective immediately, members who are fully vaccinated against COVID-19 will have the option to go unmasked at all times and are no longer required to maintain 6ft social distance.

- Every member will be required to digitally sign the Elite Fitness Studio Mask Compliance Policy.
- Those members who elect to exercise their option to go mask less are required to show proof of full COVID-19 vaccination status (either digitally or paper form).
- Partially or unvaccinated members are required to properly wear a CDC authorized face mask or face covering that at all times while in the facility. The face mask or face covering of partially or unvaccinated members must cover the nose and mouth.
- Partially or unvaccinated membership must maintain 6ft social distance at all times while in the facility.
- Members will no longer be required to have their temperature checked upon entering the facility.
- If you forget your face mask or face covering, you may obtain a new, clean non-surgical mask at the front counter.
- Members are encouraged and welcome to wear any additional PPE of their choosing, i.e. face shields or gloves.
- If you are not feeling well or experiencing flu like symptoms, please stay home.

Elite Fitness Studio is committed to an evolved and better health and fitness experience for all members. We will continue to review and revise our safety protocols as the status of vaccinations and virus spread improves.

Following guidance from the CDC, New York State and New York City Health Departments, below are our updated protocols and procedures:

1. Every member must digitally sign the Elite Fitness Studio Mask Compliance Policy.
2. Partially or unvaccinated members are required to properly wear a CDC authorized face mask or face covering that at all times while in the facility. The face mask or face covering of partially or unvaccinated members must cover the nose and mouth.
3. Every member must use their assigned key tag to enter the facility.
4. Everyone must sign the new Elite Fitness Studio COVID-19 Liability Waiver.
5. Partially or unvaccinated members must adhere to the 6ft social distance spacing throughout the facility for all patrons.
6. Upon arrival, every guest is asked to take a personal bottle of antibacterial sanitizer and a blue towel to wipe equipment, machines, weights and contact areas before

- and after each use.
7. Spray and wipe equipment with antibacterial solution and a blue towel or disinfectant wipes before and after each use.
 8. Everyone is asked to put the blue towel in designated bins placed throughout the facility.
 9. Everyone is asked to return the personal bottle of antibacterial sanitizer to the front counter prior to leaving the facility.
 10. Every person will be offered a clean hand towel for personal use. These towels are not to be used to wipe equipment on contact surfaces. After use, please put in designated bins located throughout the facility.
 11. Do not use equipment with signs designated to ensure 6ft social distance.
 12. An Elite Fitness Studio staff member will spray all machines, equipment and contact surfaces with an Emist EPIX360 Electrostatic Disinfectant Sprayer no fewer than twice a day.
 13. A restroom cleaning checklist will be posted in each restroom.
 14. A locker room/shower cleaning checklist will be posted in each locker room.
 15. Each HVAC system has been fitted with Minimal Efficiency Reporting Values (MERV) 13 filters.

Sanitizer Stations:

- Are located throughout the facility equipped with hand sanitizer, paper towels and antibacterial spray.
- Wherever possible, we have installed contactless hand sanitizer, paper towel and soap dispensers.

Hours of Operation:

- 5:30am to 10:00pm Mondays through Thursdays
- 5:30am to 8:30pm Fridays
- 7:00am to 7:00pm Saturdays and Sundays
- Although we don't have designated senior hours, please note, we have fewer members in the facility before 9:00am and after 7:00pm Monday through Friday.

In-Person Classes:

- Classes have resumed with a maximum capacity of 9 people in our group fitness classroom. Please check our class schedule on our website or the Elite Fitness Studio mobile app for more information.

- In addition to our two commercial grade air conditioning systems, we have installed two EnviroKlenz UV/HEPA air purifying systems that will run 24/7 that will remove 99% of all odors, bacteria and viruses. Each unit is designed to exchange 100% of the air in the group fitness class 4-5 times per hour.
- The group fitness classroom has 8 designated 6ft x 6ft boxes to ensure proper social distance.
- Although we provide clean, hypoallergenic mats, members are encouraged to bring their own mats.
- Each person will have their own sets of weights and props to be used during the class.
- All Spin classes will be held in the group fitness classroom.

Online Classes:

- We will continue to provide online classes available to all members. Please check our class schedule on our website or the Elite Fitness Studio mobile app for more information.
- Please continue to register for all online classes through the Elite Fitness Studio mobile app or at <http://www.myiclubonline.com>

Personal Training and Outside Training Clients:

- Personal training clients are by appointment only. Please contact your assigned personal trainer to reserve your time slot.
- All non-member clients must adhere to all Elite Fitness Studio protocols and procedures.

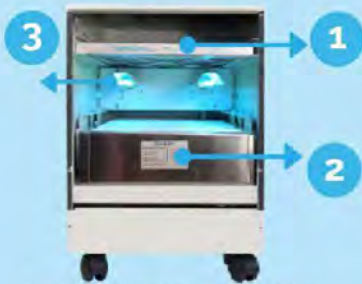
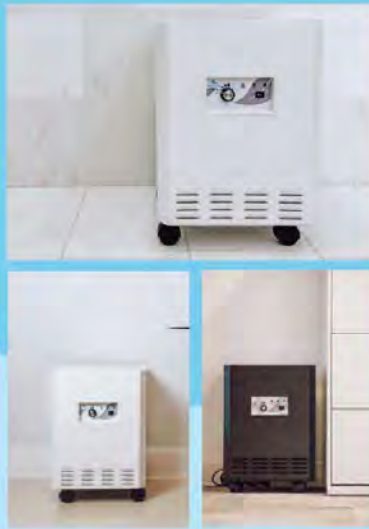
Member Guests:

1. Must present a photo ID
2. Be registered in our membership management system
3. Adhere to all protocols and procedures
4. Sign our Mask Compliance, COVID-19 and facility liability waivers

Group Fitness Air Quality and Safety Precautions

This Facility is Equipped with:

- 1 Patented earth-mineral odor neutralizing technology
- 2 Medical-grade HEPA filter
- 3 UV-C lights for germicidal destruction
- 4 3-stage filtration with a 250 CFM blower



THE ENVIROKLENZ AIR SYSTEM PLUS

THE ENVIROKLENZ® AIR SYSTEM PLUS SAFELY AND EFFECTIVELY COMBINES ADVANCED CHEMISTRY TECHNOLOGY, HEPA FILTRATION, AND GERMICIDAL UVC TO CAPTURE AND DESTROY AIRBORNE TOXIC AND NOXIOUS CHEMICALS, PARTICULATES, BACTERIA, VIRUSES, AND OTHER ALLERGY TRIGGERS

Third Party Microbiological Testing:

intertek

99% Reduction of Viruses

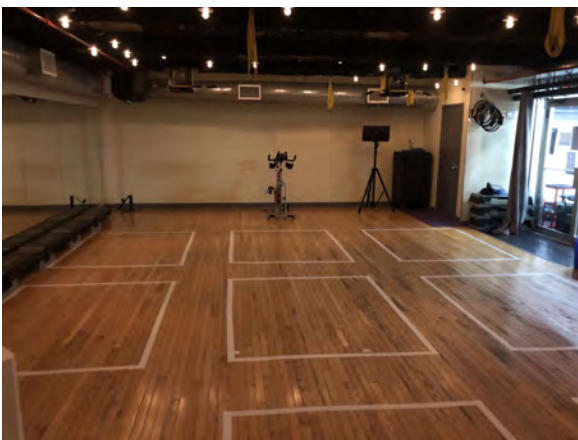
98% Reduction of Ecoli

99% Reduction of Mold

99% Reduction of Fungus

The testing was conducted in a 1008 cubic foot biological environmental chamber. The pathogen was disseminated via a collision nebulizer. The EnviroKlenz Air System was turned on and allowed to operate for 2 hours and then the pathogen was collected and evaluated for viability via appropriate growth media and incubation period. The process also conducted without the EnviroKlenz Air System in the chamber to provide the natural decay of the pathogen. The reduction rates reported can be found above. *Testing performed and validated by Intertek, a third party, Total Quality Assurance provider to industries worldwide.

Breathe Clean Air



We are committed to doing everything within our powers to prevent exposure to COVID-19

and its spread throughout our community. We ask you to do your part as well. If you are not feeling well, please stay home and seek medical attention.

If you see or experience an opportunity for us to service you better, please notify us immediately, call us at 718-596-0006 or email us at staff@efitstudio.co.

Let's Protect Each Other By:

- Becoming fully COVID-19 vaccinated
- Wearing a Face mask or Face Covering
- Wash your hands with soap and warm water and/or use an alcohol-based hand sanitizer
- Maintain 6ft Social Distance

WE'RE ALL IN THIS TOGETHER



Elite Membership Services
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